| Level 9/10 | Date | Location | Level 7/8 | Date | Location | Level 6 | Date | Location |
|----------------------------|----------------|-----------------|--------------------------|-----------------|----------------|--|---------------------|----------------|
| PG Memorial Classic | January 17-19 | Ypsilanti | Christmas Classic | Dec 13-15 | Novi | Christmas Classic | Dec 13-15 | Novi |
| Tulip** | January 24-26 | Holland | PG Memorial Classic | January 17-19 | Ypsilanti | PG Memorial Classic | January 17-19 | Ypsilanti |
| Nashville Nights | February 8-9 | Nashville | Tulip** | January 24-26 | Holland | Athlete Warrior | January 24-26 | Warren |
| Biles | February 14-16 | Houston | Nashville Nights | February 8-9 | Nashville | Nashville Nights | February 8-9 | Nashville |
| Elevate the Stage | February 21-23 | Toledo | Biles | February14-16 | Houston | Biles | February14-16 | Houston |
| KPAC Cup** | March 13-15 | Winston-Salem | Elevate the Stage | february 21-23 | Toledo | Elevate the Stage | february 21-23 | Toledo |
| 14 76 Sup | Water to to | Williston Galem | KPAC | march 13-15 | Winston-Salem | KPAC KPAC | march 13-15 | Winston-Salem |
| | | | 111710 | maron 10 10 | Willoton Calom | Spring Spec | April 17-19 | Plymouth |
| | | | | | | Level 6 who need to score out of level 5 will do Judge's Cup | | |
| | | | | | | Level o who heed to score | Cat of level o will | do daage o cap |
| Level 5 | | | Level 3/4 | | | JTP+/Pre3 | | |
| Christmas Classic | Dec 13-15 | Novi | Judge's Cup | Nov 23-24 | Ypsilanti | Christmas Classic | Dec 13-15 | Novi |
| Winter Cup | Jan 10-12 | Birch Run | Christmas Classic | Dec 13-15 | Novi | PG Memorial | January 17-19 | Ypsilanti |
| PG Memorial Classic | January 17-19 | Ypsilanti | Winter Cup | Jan 10-12 | Birch Run | Athlete Warrior | January 24-26 | Warren |
| Athlete Warrior | January 24-26 | Warren | PG Memorial Classic | January 17-19 | Ypsilanti | Ice Challenge | Feb 7-9 | Midland |
| Nashville Nights | February 8-9 | Nashville | Athlete Warrior | January 24-26 | Warren | Born to Fly Invitational | March 7-8 | Chesterfield |
| Biles | February14-16 | Houston | Biles | February14-16 | Houston | Spring Spec | April 17-19 | Plymouth |
| Elevate the Stage | february 21-23 | Toledo | Elevate the Stage | february 21-23 | Toledo | | | |
| KPAC** | march 13-15 | Winston-Salem | Dominique Moceaneau | March 21-22 | Medina, OH | | | |
| Spring Spectacular | April 17-19 | Plymouth | Spring Spectacular | April 17-19 | Plymouth | | | |
| VOEL O LUEL (C. 18) | | | WOEL OIL | | | VOEL D | | |
| XCEL Gold/Platinum/Diamond | | Oir-sir-s-ti | XCEL Silver | DEO 0 0 0040 | One and Denide | XCEL Bronze | DEO 0 0 0040 | One and Denide |
| The Cup | Dec 13-15 | Cincinnati | Gymnastics on The Grand | DEC 6 - 8, 2019 | | Gymnastics on the Grand | | |
| PG | January 17-19 | Ypsilanti | PG Memorial Classic | January 17-19 | Ypsilanti | PG Memorial Classic | January 17-19 | Ypsilanti |
| Manhattan | January 24-26 | New York | Athlete Warrior | January 24-26 | Warren | Athlete Warrior | January 24-26 | Warren |
| Elevate | february 21-23 | Toledo | Elevate | february 21-23 | Toledo | Elevate the Stage | february 21-23 | Toledo |
| Kalahari | March 12-15 | Kalahari OH | Kalahari | March 12-15 | Kalahari OH | Kalahari | March 12-15 | Kalahari OH |
| Spring Spectacular (GOLD) | April 17-19 | Euro Stars | Spring Spectacular | April 17-19 | Euro Stars | Spring Spectacular | April 17-19 | Euro Stars |
| PreTeam A | | | Preteam B/PreTeam1 | | | Bitty Bronze | | |
| Jingle Bell IH meet | Dec 7 | Euro Stars | Jingle Bell IH meet | Dec 7 | Euro Stars | | | |
| Christmas Classic | Dec 13-15 | Novi | PG Memorial | January 17-19 | Ypsilanti | PG Memorial Classic | January 17-19 | Ypsilanti |
| PG Memorial | January 17-19 | Ypsilanti | Athlete Warrior | January 24-26 | Warren | Beer City | Jan 31-Feb 2 | Grand Rapids |
| Beer City | Jan 31-Feb 2 | Grand Rapids | Tatiana | Feb 7-9 | Ypsilanti | Ice Challenge | Feb 7-9 | Midland |
| Extreme Spring Tune Up | March 22 | Detroit | Born to Fly Invitational | March 7-8 | Chesterfield | Extreme Spring Tune Up | March 22 | Detroit |
| Spring Spectacular | April 17-19 | Euro Stars | Spring Spectacular | April 17-19 | Euro Stars | Spring Spectacular | April 17-19 | Euro Stars |