



EURO STARS GYMNASTICS, INC.
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www.eurostarsgym.com



COMPETITIVE TEAM and PRE-TEAM POLICIES

2019-2020

Effective Dates July 1, 2019 – June 30, 2020

About Euro Stars Gymnastics

Euro Stars Gymnastics was the dream of two former Bulgarian National Olympic Team Members, Peter and Tania Gueorguiev. Euro Stars is a family owned business that has provided gymnastics training to thousands of children and teens in the Plymouth-Canton, Northville and Novi areas for 19 years.

We appreciate that you have chosen Euro Stars Gymnastics for your child's competitive gymnastics training. We will provide a friendly atmosphere where safety, always safety, is of the utmost importance. Our coaches are "Safety Certified" with many years of gymnastics experience and who utilize both standard and unique methods of training to enhance the performance of a gymnast.

Team Philosophy

Our club is a member of "USA Gymnastics" (USAG), which has established guidelines we follow for our team program. We believe all children are created equal and should be treated the same no matter what level of training they are participating in. Students can progress at their own pace, while we encourage them to work hard and set goals. We strongly feel gymnastics builds character and self-discipline. We encourage children to be the best they can be while having fun. This is our specialty. We are looking forward to getting better acquainted with you and your child.

Competition - It is part of our daily lives. We strive to be the best we can be in whatever we do. This competitive spirit, however, must be learned, nurtured and developed. We are committed to fostering the spirit of healthy competition among our young gymnasts. Gymnasts must always remember to be respectful of teammates as well as coaches and portray sportsmanship in competition by playing fair, learning how to deal with failure, and winning graciously.

Reminder - Gymnastics excellence means becoming the best you can be individually. A gymnast's success is not measured by the trophies on the wall, but by the experiences they receive on her path to personal fulfillment.

Here at Euro Stars we have set guidelines and policies to better assist us in ensuring that every gymnast has the best opportunity for success. In order to have a friendly and peaceful atmosphere, we ask that you assist us in ensuring these policies are followed. This will better assist the Euro Stars staff and, in turn, your child while they learn the art of gymnastics. Your child and other gymnasts will benefit if there are no interruptions during practice. This enables all to receive the best training time possible. With your help, this type of atmosphere can be maintained and reinforced by following our policies and set guidelines.

TEAM GUIDELINES

We have set the following guidelines to better run our team program for all those selected to be part of Euro Stars Gymnastics.

All team members are required to be on time for practice. It is very important that you are on time for practice to warm up as a group. Warm-up is the most important part of practice. Arrive prepared to begin practice, leotard on, hair in a secure bun, braid or ponytail and any tape, etc completed. It is very disruptive to other gymnasts when gymnasts arrive late.

- ***Missed Practice*** Please use the team absence form available on the team website if are not going to be attending your scheduled practice that day. If a practice is missed, it will result in a forfeit and **no make-up is available. If a practice is canceled by Euro Stars Gymnastics (for competition, etc.), there will be no make-ups.**
- ***Early Dismissal*** If a gymnast needs to leave early, they must tell their coach at the beginning of practice. Hours missed due to early dismissal are forfeited and no make-up is available.
- ***Please do not communicate with your child or the coaches at any time while they are in practice.*** Due to safety and discipline issues during practice, it is necessary for the gymnast to pay attention to their coach. Under no circumstances, should the parent try to have a discussion with the coach about their gymnast during practice/competition time. Schedule a meeting with the office if you need to talk to the coach. If you need to get a message to your gymnast, please use the office staff. Parents should not attempt to coach their students or send them to trampoline parks, etc for additional practice.
- ***Injuries*** In case of injury, gymnasts should see their doctor and get specific clearance and should still attend practice and condition accordingly. Specific training is available for lower and upper body injuries. If a gymnast is severely injured or ill and unable to participate in any capacity, the tuition rate will be reviewed at that time and determined by the program director; otherwise, monthly tuition will remain in effect. **If, after a review, a determination is made to continue with the practice time as scheduled and the gymnast or their parents decide not to participate 100% of the scheduled practice time, tuition will not be prorated.**
- ***Please pick up your gymnast on time.*** If you are running late to pick up your gymnast, please call and inform the office. It is very important that you are on time when picking up your gymnast.
- ***A positive attitude is the best attitude!*** We must always keep in mind when observing your gymnast from the lobby area or while at a competition, that there is “**Zero Tolerance**” for negative comments regarding coaching, the gym and other gymnasts. Comparing your gymnast to another gymnast, inside or outside the gym, is not beneficial to anyone. Each child develops at a different pace and will have differing natural abilities as well. **If, at any time, we can confirm a source of gossip or negativity, the responsible parent or parents and their gymnast will be asked to leave Euro Stars Gymnastics indefinitely. The gymnasts are teammates all but a few hours of the year, so it is important to remain supportive.**
- Unacceptable behavior from the gymnast will not be tolerated. **Parents:** Your gymnast will be asked to leave the practice if they are not being respectful to the coach or other gymnasts. If this is an ongoing problem, member status will be reviewed and discussed between the coach and the parents.

After the season is over you will be invited to have a meeting with the coaches to discuss your child's progress and goals. Please use this opportunity to discuss summer training and any concerns you may have.

In June of each year we have a showcase for our recreational and developmental program called the Summer Extravaganza. We ask that all team gymnasts participate and showcase their skills as well.

Gym Closures

The gym is closed one week out of the year: **July 1-7, 2019**. In addition, summer practice will not be held **August 26-September 1, 2018**. We strongly recommend planning your vacations during those weeks. Girls who need floor routines or beam routines may have time during those summer closures to sign up for choreography. Additional dates we will be closed include: Labor Day (September 2, 2019), Halloween (10/31) and Thanksgiving Day (11/28/2018), Christmas Eve and Christmas Day (December 24/25) New Year's Day (January 1) and Memorial Day (May 25, 2020). Too much time off affects the gymnast's performance during the competition season. Tuition is not adjusted for any vacation time taken. Gymnasts will receive a credit for hours missed from August 26-31. Gymnasts who, for any reason, do not continue will NOT receive a credit. Credit is given for Monday-Wednesday only, as there are 5 Thursdays and Fridays in August.

SUMMER SESSION

Competitive gymnastics is a year-round sport. We understand that international travel to visit family or custody agreements make it difficult for families to have their children in the gym year-round. If a family opts to travel, the family is still responsible for full tuition to keep their child's spot on team. If due to a custody agreement, a gymnast is unable to participate, they must enroll in gymnastics elsewhere with coach and/or Gym Owner approval. In addition, those not attending due to custody, will be billed for 50% of tuition for any months they are not in attendance with Euro Stars. They will be billed full attendance for months they are in attendance at Euro Stars. This policy is in place to ensure that your gymnast is able to maintain both their spot on the team and so that highly qualified staff can be maintained by the gym. A gymnast who is out of attendance for more than two weeks at a time should have their options for conditioning plan evaluated by their coach or gym owner.

TRAINING SUPPLIES

- All necessary training supplies (grips, wrist guards, tape, etc.) are to be brought with the gymnast and kept in the training area during practice.
- **Gymnasts must supply his or her own tape, pre-wrap and band-aids.** Those on JO Team and XCEL should keep a supply of the needed items in their lockers.
- Euro Stars Gymnastics Inc. will not be held responsible for lost or stolen personal property.
- Resistance bands or other equipment may be requested by your child's coach and can be kept in the lockers.

EXTRA CURRICULAR ACTIVITIES

Competitive gymnastics is a very demanding and serious sport. It is encouraged to take much consideration when making choices to participate in outside activities that will conflict with practice time and the competition schedule. All extra activities must be discussed and approved by the head

coach before competition season begins. **Please note: Tuition will not be prorated, and make ups will not be allowed if the extracurricular activity interferes with the regular scheduled practice time.**

PRIVATE LESSONS

Private lessons are available upon request. If you are interested, leave your name and phone number at the office, a coach will contact you. In general, private lessons should be initiated by a coach and not by a family. The coaching staff will let you know if privates are necessary.

ADVANCEMENT

Gymnastics is not like school where you will move up every year! Not everyone will change levels after each season. The coaches determine the placement of athletes on our team and is determined in late summer/early fall. All compulsory levels are required to compete a **minimum of two years at each of these levels. Exceptions to this policy is at the coaches' discretion.** Optional levels will be eligible to move up based on the head coaches' decision. Gymnasts may also compete two levels in one season, and is based on coaches' discretion and may cause an increase in fees.

COMPETITION

Gymnast Responsibilities

- There is a 10:00 pm curfew on the eve of competition.
- Nutrition: Athletes are expected to adhere to sound nutritional choices not only for competitions but on a regular basis.
- During the competition season, all gymnasts are expected to be present at all practices prior to an upcoming competition.
- For all competitions, each gymnast is responsible for making sure they have their leo, warm-ups, white socks, white shoes (unless their team has determined another color before season begins) grips (if recommended by coach), music and other competition gear. For meets requiring air travel, these items cannot be put into checked luggage and must be carryon.
- We encourage gymnasts to support their teammates, even if they are in other levels. This can be done by attending one other session and sitting together. We know this takes time but this is helpful and shows camaraderie.
- All gymnasts must arrive at the competition fully dressed, ready to compete 20 minutes before designated check-in time.
- If you're planning a vacation during the competition season please note that you must be at practice 2 weeks before a scheduled meet.
- If your gymnast misses the practice week before competition they WILL NOT be eligible to compete in that meet. The meet fee will not be refundable, as the meet deadline would already have passed.
- All gymnasts will be registered for all meets they are scheduled for on the meet team. The only optional meet is the fly away meet for levels 3-10.
- Gymnasts are not allowed to communicate with their parents, family, etc any time from the start of warm-up to the end of competition.

- **During travel meets, you must assume that time will need to be set aside to practice at a guest gym. This will be based on the OTHER gym's availability, so please do not schedule outings until you know your scheduled practice time.**
- During the awards ceremony, all gymnasts are required to wear his/her warm-ups. All gymnasts must behave in an appropriate manner and no food or drink until awards are over.

PHYSICAL EXAMINATION

For insurance purposes, it is required that all team gymnasts are required to have an annual sports physical to participate on team. The MHSAA sports physical form that most doctors have available will need to be filled out and signed by your doctor. This form must be completed, signed and returned to the office in order for your gymnast to participate. All physicals must be returned to the office no later than **October 30, 2019**.

EURO STARS REGISTRATION FEE

All students are required to pay a registration fee which is currently \$45.00. This is an annual fee that will be charged with the monthly tuition on the anniversary of the child's enrollment. This fee covers the gymnast for secondary insurance for any injuries that may occur in the gym.

USAG MEMBERSHIP FEE

In order to compete, gymnasts in pre-team, XCEL or USAG Levels 3-10 are required to be a member of USAG. Euro Stars will begin registration for your child, but you will receive an email from USAG where you will then complete their registration and pay for their registration.

MONTHLY TUITION

Tuition is paid monthly and is due on the 1st of every month. After the 1st, a \$25 late fee will be assessed. It is recommended that you place a card on file and update it as necessary. You are obligated to pay your tuition in full; regardless of the amount of hours you attend practice in the month. **Monthly tuition will not be prorated or refunded for any reason. If an account is past due more than \$500, the gymnast will not be allowed to participate until the account is current. There will be a \$35 charge assessed to your account for checks returned due to "Non Sufficient Funds".**

COMPETITION MEET FUND

All gymnasts will be assessed a fee which will be made payable to Euro Stars Gymnastics Meet Fund. This fee will be used to cover coach's expenses, travel, meals, coaches sanction fees, hotel, etc. It also includes entry into the meets other than those listed as "additional." Or if your gymnast competes additional meets or levels. Please note that your gymnast will be registered for and pay for every meet, unless you opt out of the travel meet (levels 3-10) by August 15, 2019.

If your child misses practice the week of the meet, for their safety, they may not be able to participate at the meet. There will be no refunds for this. If your child is injured and Euro Stars is able to receive a refund from the host gym, that amount will be credit to your child's States. However, refunds are subject to the host gym's policy and may require doctor's notes and scratch deadline.

Level 9/10 \$1565	Level 7-8 \$1670	Level 6 \$1770
July 15: \$265 August 15: \$260 September 15: \$260 October 15: \$260 November 15: \$260 December 15: \$260 Additional: States due Feb 15 Regionals, Nationals upon qualification	Additional: States July 15: \$280 August 15: \$280 September 15: \$280 October 15: \$280 November 15: \$280 December 15: \$270 due Feb 15 Regionals upon qualification	July 15: \$295 August 15: \$295 September 15: \$295 October 15: \$295 November 15: \$295 December 15: \$295 Additional: States due Feb 15
Level 5 \$1595	Level 3-4 \$1660	XCEL Gold, Platinum and Diamond \$1080
July 15: \$270 August 15: \$265 September 15: \$265 October 15: \$265 November 15: \$265 December 15: \$265 Additional: States due Feb 15	July 15: \$280 August 15: \$275 September 15: \$275 October 15: \$275 November 15: \$275 December 15: \$275 Additional: States Due Feb 15	July 15: \$180 August 15: \$180 September 15: \$180 October 15: \$180 November 15: \$180 December 15: \$180 Additional: States due Feb 15 Regionals, upon qualification
XCEL Silver \$1030	XCEL Bronze \$705	Bitty Bronze, Pre-Team, JTP+ \$680
July 15: \$175 August 15: \$170 September 15: \$170 October 15: \$170 November 15: \$170 December 15: \$170 Additional: States due Feb 15 Regionals, upon qualification	July 15: \$120 August 15: \$120 September 15: \$120 October 15: \$115 November 15: \$115 December 15: \$115 Additional: States due March 15	July 15: \$115 August 15: \$115 September 15: \$115 October 15: \$115 November 15: \$110 December 15: \$110 Additional: States due March 15

***Meet Fund and fees will not be refunded for any reason unless gymnast is unable to compete in any competition throughout the season due to injury.** If a family leaves mid-season, there will be no refund as the amounts calculated are based on projected enrollment. Please note that due to MHSAA policies, gymnasts cannot compete for Euro Stars and High School and this contract is for gymnasts practicing with Euro Stars Team program.

COMPETITION MEET SCHEDULE AND FEES

Due to state meets not being set yet, meet schedules will be released in July. We will email out the schedule as soon as it is available since many meets have not set their schedules due to state and regional meets not yet being set.

For athletes who test for TOPS, Hopes or Elite, attend Regional or Nationals Camps, or qualify for any camps or competitions, please keep in mind that parents are responsible for not only the athletes, but also the coaches' expenses (entree fee, airfare, lodging, etc).

Note: No refunds will be given for any fees paid to Euro Stars Gymnastics regarding the competitive team program (this includes the meet fund as well as tuition).

Every gymnast is required to attend our home meets: the PG Memorial Classic and the Spring Spectacular if it is on their schedule for their level. Families must also volunteer at both meets, please see the separate heading regarding this requirement.

Gymnasts who are scheduled for a score-out meet will be charged a fee for those meets as well.

EURO STARS GYMNASTICS, INC. HOSTED MEETS

Euro Stars Gymnastics, Inc. will host two (2) meets during the competition season. Each family will be required to work a minimum of 2 sessions per meet. **At the PG Memorial Classic AT LEAST ONE session MUST be either Set up or Tear Down.** Hosting meets allows us to keep tuition lower than many other gyms that compete at our level.

There will be a **\$200 fee per meet** for the families who choose not to participate in the required volunteer work or do not show up for their assigned sessions. Payment must be made at least 7 days before the hosted meet. **NO EXCEPTIONS! Those who do not pay in advance of the meet or do not show up for their scheduled sessions will be charged an additional fee of \$50.**

If Euro Stars Gymnastics hosts any additional meets, the same applies.

NOTE: CONTRACT AGREEMENT FORMS MUST BE TURNED INTO THE OFFICE BY JULY 24, 2019

***Physical Examination Forms must be returned to the front office no later than October 30, 2019.**

***GOOD LUCK, HAVE FUN, WORK HARD!
WE LOOK FORWARD TO THE NEW 2018/2019 SEASON!***

Deadline and Important Dates Sheet:

Tuition is due monthly.

All items below must be paid with cash or check. Please bring exact change when paying with cash.

Date	What	Who	Completed
July 24, 2019	Contract Due	All	
July 15, 2019	Meet Fund 1	All	
Aug 1	Apparel Deposit	Half of amount due or if total due is \$100 or less, please pay in full for August 1.	
August 15, 2019	Meet Fund 2	All	
August 15, 2019	Opt Out Deadline	ALL	
September 6, 2019	Apparel Balance	Anyone with new orders	
September 15, 2019	Meet Fund 3	All	
October 7, 2019	Team Photos and headshots for lobby	All – Headshots if you want updated, everyone should attend team photo (time TBD), custom photos for order as well	
October 15, 2019	Meet Fund 4	All	
October 30, 2019	Physical	ALL	
November 15, 2019	Meet Fund 5	All	
December 15, 2019	Meet Fund 6	All	
January 9, 2020	PG Opt Out	Those not volunteering	
January 16, 2020 January 19, 2020	Set Up or Tear Down for PG Memorial Classic	All*	
January 18-20, 2020	PG Memorial Classic	All *two sessions required or pay opt out fee by January 15*	
March/April	Spring Spectacular	All must volunteer, date TBD	
February 15	States	All who qualify	
Upon qualifying	Regionals	All who qualify, XCEL Silver-Diamond, Levels 7-10	
Upon qualifying	Nationals	All who qualify, Levels 9-10	



*You can opt to write one meet fund check on July 15. Meet Fund and Meet Fees are payable via cash, check or money order as the meet fund uses a separate account from the gym account. Thank you for understanding.

**Euro Stars Gymnastics
Competitive Team Contract Form
2019-2020**

Due: July 24, 2019

By signing this contract, you have read the Euro Stars Gymnastics Team/Pre-Team Policy and agree to the tuition, meet fund payment schedule and agree to adhere to the guidelines stated on all pages. You are agreeing to the contract in its entirety, not just the special points listed below.

Gymnasts' Name: _____

Parent's Name: _____

Email Address: _____ Phone: _____

_____ I am okay with releasing my contact information to members of my child's team for group email, etc.

_____ I understand that tuition is due on the 1st of each month or a \$25 late fee will be applied to the account.

_____ I understand the meet fund fees and deadlines and that these fees paid are non-refundable.

_____ I understand that my child will be registered for all scheduled meets for their level unless the opt out form is returned by the deadline. Verbal notices will not be accepted.

_____ I understand that my gymnast must participate in the PG Memorial Classic and Spring Spectacular if it is assigned to their level of competition.

_____ I understand that my family must volunteer a minimum of 2 sessions at both the PG Memorial Classic and Spring Spectacular meets, even if my gymnast is not competing at that meet. At least one session for the PG Memorial Classic must be set up or tear down. The opt out fee is \$200 per meet and if I do not show up for a session, an additional fee, on top of the opt out fee will be charged.

Date _____

Gymnasts Name:

Parent's Signature _____

Parents Name: _____

All Opt Outs are Due August 15th, 2019. Gymnasts may opt out of 1 meet and have that apply toward States. You cannot opt out of the PG Memorial Classic, or the Spring Spectacular.

Due August 15, 2018

Child's Name: _____ **Parent's Name:** _____

Signature of Guardian: _____

_____ **My child Will opt out of** _____ **meet.**

_____ **My Child will be attending all scheduled meets.**

I understand that I must pay my meet funds in full and the excess paid will apply to any state or regional competition.

Parent T Shirt (only for families new to team this year)
Included in Team Fees. No refunds or opt outs.

T-Shirt Size 1 _____ **T-Shirt Size 2** _____

Due July 15, 2019

My child _____ **from level** _____ **will need the below items. All are mandatory.**

___ Team Practice leo: \$37 (___)

___ Same as Last Year Warm up: \$102 (___)

___ Backpack: \$35 Name: _____

___ Competition Leo (circle one)

Same as Last year: Optionals (6-10) Leo (level 6-10): \$221 (___)

Same as last year: Compulsory Leo (level 3-5): \$148 (___)

ALL NEW: Pre-Team, Bitty Bronze and JTP+ \$55 (___)

Bronze-Gold Same as last year: XCEL Bronze – Diamond Leo \$90 (___)

___ Team T-Shirt: \$10

___ Additional Parent T-Shirt (optional \$10) SIZE _____

___ My child has their prior year leo to sell (If its still being used, Bring to the desk in a gallon bag with name clearly marked on the bag)

TOTAL: _____

PAYMENT 1 AMOUNT _____

PAYMENT 2 AMOUNT _____

Apparel Payment Slip

Gymnast Name: _____ Level/Group: _____

Payment For: _____ Payment Amount: _____

Apparel Payment Slip

Gymnast Name: _____ Level/Group: _____

Payment For: _____ Payment Amount: _____

Other Payment

Gymnast Name: _____ Level/Group: _____

Payment For: _____ Payment Amount: _____

Meet Fund 1 Payment Slip

Gymnast Name: _____ Level/Group: _____

Payment For: _____ Payment Amount: _____

Meet Fund 2 Payment Slip

Gymnast Name: _____ Level/Group: _____

Payment For: _____ Payment Amount: _____

Meet Fund 3 Payment Slip

Gymnast Name: _____ Level/Group: _____

Payment For: _____ Payment Amount: _____

Meet Fund 4 Payment Slip

Gymnast Name: _____ Level/Group: _____

Payment For: _____ Payment Amount: _____

Meet Fund 5 Payment Slip

Gymnast Name: _____ Level/Group: _____

Payment For: _____ Payment Amount: _____

Meet Fund 1 Payment Slip

Gymnast Name: _____ Level/Group: _____

Payment For: _____ Payment Amount: _____

States Payment Slip

Gymnast Name: _____ Level/Group: _____

Payment For: _____ Payment Amount: _____